

Prescription Drug Programs Quick Reference Guide



Introduction

Capital Blue Cross offers a variety of Prescription drug plans for individual, group, and Medicare Part D. A Pharmacy Benefit Manager (PBM) contracted by Capital Blue Cross is used to administer our prescription plans.

Pharmacy Benefits Manager (PBM)

Our PBM is Prime Therapeutics. On behalf of Capital Blue Cross, Prime Therapeutics assists in the administration of our prescription drug program for our Commercial, CHIP, and Medicare Part D program members. They are responsible for our pharmacy network, pharmaceutical preauthorization, and, where applicable, drug utilization review (DUR) program.

Pharmacy Types

- Retail – Pharmacies where a member with a prescription can purchase a drug immediately.
- Home Delivery – Express Scripts is our preferred home delivery mail order pharmacy for 90-day maintenance drugs.
- Specialty Pharmacy – Accredo Health Group, LTD is our preferred Specialty Pharmacy for the dispensing and distribution of medications classified as Specialty drugs.

Formularies

A formulary is a list of drugs covered by prescription coverage. They include a drug's therapeutic class, whether a drug is Generic, Maintenance, Non-Preferred Brand, or a Preferred alternative. Our Commercial formularies are located on our website at [CapitalBlueCross.com](https://capitalbluecross.com). Our Medicare part D formularies are located at [CapitalBlueMedicare.com](https://capitalblumedicare.com).

Mark Cuban Cost Plus Drugs

Cost Plus Drugs is an in-network mail delivery pharmacy offering our members greater access to low-cost prescription drugs. Information about Cost Plus Drugs can be found at <https://costplusdrugs.com/providers>.

Medication Synchronization (Med Sync) Benefit Program

To help improve medication adherence, Med Sync is a Capital Blue Cross program that coordinates prescription drug fills for members with two or more maintenance prescriptions. Once the maintenance medications are synchronized, fewer trips to the pharmacy are needed.

Step Therapy

Step Therapy is a program in which a second-line medication is only authorized if our member does not respond satisfactorily to a first-line or preferred medication. Medications under the step therapy program are designated with the "ST" symbol next to the product name on our formulary.

Pharmacogenomics (PGx) Testing

A pharmacogenomics test, LifeKit Prescript by SOLVD Health, helps manage psychiatric drug selection and/or dosage for our Commercial members aged 18 and over, by identifying patient characteristics that may alter the typical dose responses to certain medications.

Providers can order the test from the SOLVD Health provider portal at capbluecross.solvhealth.com. Instructions for completing the cheek swab test are included and the results are returned to the provider within 5-7 business days after receipt by SOLVD Health. The reported results list drug to drug interactions and the analysis of structural variations of 14 genes that encode metabolic enzymes, drug transporters, and drug receptors that alter typical drug response.

Capital Blue Cross RxAid

A Prescription Assistance programs to assist our members in applying for drug manufacturer savings programs. Capital Blue Cross will assist eligible members through the application process and work with the provider to obtain any required prescription information.

Need more information on Capital Blue Cross Drug Programs?

Contact your Provider Engagement Consultant or the Provider Service team at 866.688.2242.